

presents a 3-Part Virtual Learning Series for
our Teachers and PSRP members

CARE-FULL: SKILLS FOR SCHOOL STAFF TO PROMOTE RESILIENCE AND PREVENT TRAUMA

Professional learning content focused on 25 trauma-informed practices. Join us as we'll come together to strengthen our abilities to boost kids' mental health!

**ZOOM WEBINARS
MONDAYS
5:00PM - 6:30PM**

FEBRUARY 23: FACILITATE POSITIVE EXPERIENCES

Includes activities on small ways to foster strong relationships as well as attention to kids' strengths

MARCH 23: TEACH DIVERSE COPING SKILLS

Helps educators examine different coping skills, when they might be a 'good fit' and how to help students expand their coping capacity

APRIL 20: DE-ESCALATE STRESSFUL SCENARIOS

Introduces an analytic framework for identifying increasing behavior challenges (often after unaddressed triggers) as well as strategies for every stage to return to calm

**REGISTER
HERE:**



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