

presents a 3-Part Virtual Learning Series for  
our Teachers and PSRP members

## **CARE-FULL: SKILLS FOR SCHOOL STAFF TO PROMOTE RESILIENCE AND PREVENT TRAUMA**

Professional learning content focused on 25 trauma-informed practices. Join us as we'll come together to strengthen our abilities to boost kids' mental health!

**ZOOM WEBINARS  
MONDAYS  
5:00PM - 6:30PM**

### **FEBRUARY 23: FACILITATE POSITIVE EXPERIENCES**

Includes activities on small ways to foster strong relationships as well as attention to kids' strengths

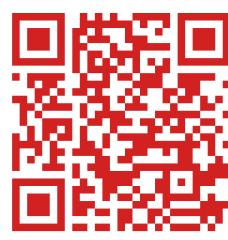
### **MARCH 23: TEACH DIVERSE COPING SKILLS**

Helps educators examine different coping skills, when they might be a 'good fit' and how to help students expand their coping capacity

### **APRIL 20: DE-ESCALATE STRESSFUL SCENARIOS**

Introduces an analytic framework for identifying increasing behavior challenges (often after unaddressed triggers) as well as strategies for every stage to return to calm

**REGISTER  
HERE:**



(860) 257-9782



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