

## This meeting will be a focus group with AFT National Health & Safety facilitator

SARA MARKLE

**MAY 27** 





https://us02web.zoom.us/j/82521574692? pwd=UjJzdnZOTkdYbENpZEJxNytqdnAyQT09

## Finding Real Solutions for Mental Health and Well-Being

Please join this guided discussion to share ideas on how the union can support members' mental health and well-being. This is an opportunity to brainstorm and give input to AFT CT and AFT National. Together, we will identify practical solutions that can be translated into bargaining proposals.

## Please come to share your thoughts:

- What are members experiencing and what do they need?
- Can members access quality treatment for mental health needs and substance use disorders? What are the barriers to getting quality care and how can we change that?
- · What can we bargain for to improve working conditions (in addition to staffing?)
- What supports and services can the union provide to members and how can AFT and AFT CT help with that?