



AFT Connecticut presents to our **PSRP** members...

A Union of Professionals

PSRP: Train-the-Trainer CONFERENCE

@ AFT CONNECTICUT IN ROCKY HILL, CT
 August 3, 2019 (Sat) 9am-4pm
8:30am breakfast & registration



This conference is part of our commitment to provide high-quality professional learning, membership-engagement, and leadership opportunities for our Paraprofessional and School-Related Personnel members. PSRP members from across the state are invited to come learn the skills needed to bring their professional learning back to their locals and districts to help train their co-workers on new curriculums. Participants must be able to attend the full day of training to become a trainer. Participants must also be willing to provide their trainings to their own local and at the state level in the upcoming year.

WE WILL BE OFFERING 3 DIFFERENT WORKSHOPS TO CHOOSE FROM:

1. Work Shouldn't Hurt: Staff Assaults:

This workshop looks specifically at staff assaults from an individual, collective and solutions standpoint. Pain should not be a part of the job. Work should not hurt. Employees should not suffer from sustained pain that originated at the workplace. Understaffing and poor equipment or lack of equipment can be potential sources of pain, but these issues can be rectified by proper staffing and ergonomics. The more problematic source of pain comes from assaults by general or special education students or parents. The consequences of these incidents can sometimes be life-changing. Join us for an in-depth look at prevention, intervention, protection and resolutions around workplace assaults.



2. Minimizing Stress in the Workplace:

Stress is part of our daily personal and professional lives. There are a number of stressors in the workplace like bullying, insufficient staffing, demanding workloads, or unrealistic work expectations that challenge our physical and mental ability and well-being. A key factor in dealing with stress in the workplace is how well we can manage the stress. When this is not done well, or at all, the consequences can have negative effects on our physical and mental health, and our interactions in our workplace and homes. This workshop will examine sources of stress in the workplace, and the physical and mental effects of stress, and some personal and collective strategies that can help you manage stress in the workplace and avoid or minimize its negative effects and consequences.

3. Transforming School Culture:

Join us as we discuss ways to shape and transform your school culture into a workplace that feels safe and nurturing for ourselves and for the students we serve. We'll talk through the concept of school culture—who we are, what we do, how we do it and what our values are—and connect it all back ways that we can create a school climate that lends itself to a cohesive and positive school environment.

Register online at

<https://leadernet.aft.org/webform/psrp-trainers>

or call the office at 860-257-9782

For more information,

please contact Jennifer Benevento:

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