AFT CT 35 Marshall Rd. Rocky Hill, CT 06067

December 18, 2017 5:30 p.m.-7:00 p.m. Most healthcare workers enter the field with the intent to help others and provide empathetic care for patients with critical physical, mental, emotional, and spiritual needs. Empathic and caring workers, however, can become victims of the continuing stress of meeting the often overwhelming needs of patients and their families, resulting in compassion fatigue. Compassion fatigue affects not only the worker in terms of job satisfaction and emotional and physical health, but also the workplace environment by decreasing productivity and increasing turnover. Come learn more about this issue and how to address it in your own life.

## Healthcare Council: Compassion Fatigue Workshop

A light dinner will be provided Presenter: Megan O'Toole, RN Danbury Hospital



## **REGISTER: 860-257-9782**

https://leadernet.aft.org/webform/compassion-fatigue-workshop-121817

