



AFT Connecticut presents to our **PSRP** members...
A Union of Professionals

PSRP: Train-the-Trainer CONFERENCE

September 22, 2018 (Sat) 9am-4pm
8:30am breakfast & lunch included



This conference is part of our commitment to provide high-quality professional learning, membership-engagement, and leadership opportunities for our Paraprofessional and School-Related Personnel members. PSRP members from across the state are invited to come learn the skills needed to bring their professional learning back to their locals and districts to help train their co-workers on new curriculums. Participants must be able to attend the full day of training to become a trainer. Participants must also be willing to provide their trainings to their own local and at the state level in the upcoming year.

WE WILL BE OFFERING 3 DIFFERENT WORKSHOPS TO CHOOSE FROM:

1. Mindfulness:

While mindfulness is something we all naturally possess, it's more readily available to us when we practice on a daily basis. Whenever you bring awareness to what you're directly experiencing via your senses, or to your state of mind via your thoughts and emotions, you're being mindful. And there's growing research showing that when you train your brain to be mindful, you're actually remodeling the physical structure of your brain. In this workshop, participants will become better acquainted with mindfulness techniques and the benefits associated with a mindful lifestyle.



2. Social & Emotional Learning:

There is no question that children with better social skills have a significant advantage in life. They not only experience the rewards of positive relationships, but they do better in school, have better self-image, and in general, are much more resilient as they face life's inevitable challenges. This workshop will look at behavior, emotions and the complex nature of the human brain. We will discuss ways to support the social and emotional learning needs of our students.

3. Supporting English Language Learners:

Like any other population of learners with academic difficulties, struggling ELLs require effective instructional approaches and interventions to prevent further difficulties. When designing an instructional approach or intervention, educators must consider several factors in addition to the content — such as the format for delivery, the match between the learner's difficulty and the approach or intervention, and whether it is meant to be a class-wide approach or targeted for small-group or one-on-one settings. For ELLs, it is especially important to consider the role of second language proficiency in their difficulties, as well as in their ability to profit from the planned instruction or intervention. In this workshop, participants will become proficient at five standards for effective teaching that work for all students, especially ELLs.

Register online at
<https://leadernet.aft.org/webform/psrp-trainers>
 or call the office at 860-257-9782

For more information,
 please contact Jennifer Benevento:
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