

In lieu of Healthcare Council, new workshop:

# Learn your power within

Dr. Grayson is on the cutting edge of mind/body/spirit psychology. He received his Ph.D. in psychology from Boston University and a 4 year post-doctoral certificate psychotherapy and psychoanalysis from the Postgraduate Center for Mental Health. He has since studied neuropsychology, most of the major psychotherapies, the new power therapies (EFT, EMDR, etc.), quantum physics, trauma treatments, mindfulness and meditation, and mind body research and methods, and ancient spiritual wisdom. In addition, he is the Co-Chairman of the medical PTSD Division of the Stand for The Troops Foundation, and on faculty of the Integrative Health MA program at The Graduate Institute.

**Register online at**

<https://leadernet.aft.org/webform/power-within>  
**or call the office at 860-257-9782**

*Dinner will be provided.*

**Hosted in Collaboration with**

**The Graduate Institute**, Connecticut's resource for experiential, transformative and holistic education.

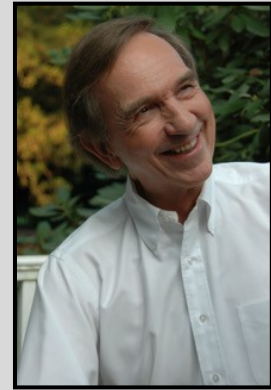
*TGI offers Master of Arts Degrees & Certificate Programs, specifically designed to empower healthcare workers & teachers, 2 year program, one weekend per month.*

**Coming This Fall** - Educational series in stress management & mindfulness, with CEU's offered by

**THE GRADUATE INSTITUTE**

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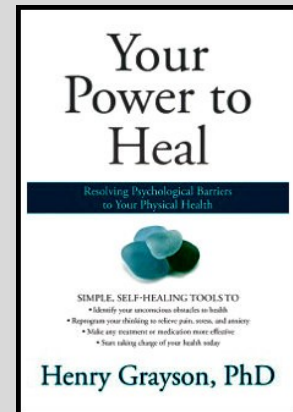
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**Presented by:**

**Henry Grayson, Ph.D.**

Best Selling Author of  
"Your Power to Heal"  
& "Mindful Loving"



**MONDAY**  
**JULY 23<sup>RD</sup>**  
**2018**

**5:30pm**

**Soifer Room**  
AFT Connecticut  
35 Marshall Road  
Rocky Hill, CT 06067

 **AFT Connecticut**  
*A Union of Professionals*

